

# Success in College

## Taylor's Tip No. 1: "Go to class."

Taylor says it sounds elementary, but many college students forget that to succeed in college they first have to show up.

"You pay too much money not to go to class," he said. "People pay so much for a college education, but some seem eager not to succeed."

## Taylor's Tip No. 2: "Talk to your teachers."

"I have good rapport with all of my teachers," he said, noting that some have become his friends.

It's not a matter of becoming a teacher's pet, he said. It's just smart to tap a professor's experience for academic advice and career guidance. Mentoring is a benefit of the college experience that some students miss entirely, he said.

## Taylor's Tip No. 3: "Network with other students."

The quiet kid in the back row can be an ally if you'll just reach out, Taylor said.

"I can't tell you how many times I've called a friend and asked, 'Are you getting these problems?'" he said.

## Taylor's Tip No. 4: "Carve up your work."

Multi-tasking has almost become a cliché, but there's much to be said for working on big projects in small chunks, Taylor said.

"There are days when it's hard to get motivated," Taylor said. "But sometimes I'll tell myself, 'I'll just work on this for 30 minutes.' And I end up getting a lot done."

## Taylor's Tip No. 5: "Take care of yourself."

The key to college is moderation, Taylor said. Eat well, get plenty of rest and take time to enjoy life, he said. People who fall into unhealthy habits — or don't take time to relax — can sabotage their college experience.

"I always have more energy and stay focused better after I workout," he said. "I also try to sleep well and stay away from caffeine."

