

STUDENT CONTRACT FOR PE 151

- I understand the standards in this course and that I am responsible for monitoring my own learning (self directed learner/problem solver).
- **I agree not to talk about activities done in class so any later classes will be able to gain the same learning experiences.**
- I understand that the class will focus on personal practices and ideas not merely on the text.
- I understand on a class day I may be working in a small group or with my class buddy and that I will be responsible to take an active part in advancing the assigned work.
- I understand that I will be held regularly responsible for assessing my own work using criteria and standards discussed in class.
- I understand that the professor will give me two summary evaluations of my grade (mid-term and the last class before finals) so that I will know exactly what my grade is in the class.
- I understand that there may be quizzes and internet assignments which make up some of the assessment criteria.
- I understand I may have written assignments due which must be computer generated.
- I understand that I must keep up with all assignments and that it is my responsibility to seek and find this information if I miss class.
- I understand that there are several required assignments, and it is my responsibility to turn in all assignments in order to be eligible to pass the class. (Web based assignments and in-class assignments)
- I understand that if I do not read or bring the information requested for class, then I am not prepared to do the "in-class" work of the day and will be asked to leave.
- I understand that I must participate orally in class in order to demonstrate mastery in the course.
- I understand that there is a **final essay** that is required. It will be given on the day assigned.
- I understand that the work of the course requires **consistent classroom attendance and active participation.**
- I understand that the class will not be graded on a curve. I understand that it is theoretically possible for the whole class to get an A or an F.
- I understand the basis of the final grade follows the information as posted in the syllabus.
- I understand that I must do a **S2E2 plan paper**, in which I will analyze my current health status and what I plan on doing to improve. I understand that this paper will help me when I enroll in PE 152.
- I understand there are three main ways that I will receive information in this class (textbook, web site and class discussions).
- I understand that 60% of the items on the Learning Experiences will come from the classroom discussions and I will take notes accordingly.

SIGNED: _____ SECTION _____

PRINTED NAME _____ DATE: _____