

The questions below are ones that students have asked over the last few years and are designed to give you information that will help you.

What does Mr. Stern expect from his students?

Students may vary in their competency levels and abilities. You can expect to acquire the concepts presented in his class only if you honor all class policies, attend class regularly, complete all assigned work in good faith and on time, and meet all other course expectations of you as a student.

What are Mr. Stern's classes like?

They are usually interesting and help you learn about your health.

They are designed to give you tools to have success while in school and then to carry over for the rest of your life.

How do I get a great grade in his classes?

There are seven things you can do to do well in his classes:

- o Come to every class
 - o Bring your book to every class
 - o Take notes every class
 - o Have at least one class buddy
 - o Be prepared to discuss the material or take a quiz
 - o Always hand in each assignment on time and have it done completely
 - o Understand that many things that you will hear will challenge your knowledge about health and fitness
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What is a class buddy?

You will need a class buddy so that if you miss a class or after class do not understand something you will have a resource to go to.

A class buddy will also be your partner for in-class activities.

Learning Experiences

Mr. Stern uses a totally encompassing format that will ask you to recall topics from class discussion (60%) and terms and concepts from your textbook (40%).

The questions will be multiple choice, short answer, and short essay.

Special Extra Credit

Mr. Stern lets you decide if you want to use the extra credit formatting for papers in his class.

Most students when they graduate and then return to Covenant to visit comment on how much the formatting activity helped them in their real world experience.

FAQ's

How many activity misses do you get?

Each student gets two misses for all reasons.

If you are sick, need to study for another class, slept in, doctor's appointment, or just forgot to come to class are all **unexcused** absences after the first two.

REQUIRED school activities with proper notification before you miss are excused.

Any student who does not use their two misses will receive 20 points extra credit towards their grade.

How many activities will we do in PE 151?

The class will meet outside of the classroom for the following:

- o Body Composition
 - o Weight Room Tour
 - o 12 Minute walk/run
 - o You will be expected to dress out in the appropriate clothes to participate.
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